

Reese M
Westfall High School
12th grade

DFCA's Effect on Schools

Westfall High School is a rural school with an average of 120 students per grade level. The high school contains Freshman through Seniors, this means there are approximately 480 students in the school. Within our school there are about 120 students in the Drug Free Club of America, coming from all different backgrounds. I grew up living on a seed and flower farm. I have also worked for other farms and companies in our community. Throughout High School I have participated in Basketball, Volleyball, National Honor Society, and Big Brothers Big Sisters. Like me, most if not all students in our school know about Drug Free Club of America considering about one-fourth of our school is in the club.

DFCA has many great benefits to me directly. The first is free admission to home sporting events. As a student athlete it brings me joy to see my fellow classmates cheering me on from the stands. Most of which come because they have nothing to do and it's free for them to attend. Giving an opportunity like this helps steer students away from locations that could contain illegal substances and encourages them to be involved with school activities. Drug Free Club also gets me into sporting events that I am not performing in, free too, and helps me select a sporting event over other activities.

Drug Free Club of America has educated myself and other students about the dangers of substance use. The club also empowers all of us to make informed decisions about their health and well-being. Students within the club are introduced to positive opportunities and choices that may not be emphasized at home. By creating a wonderful environment for students, Drug Free Club of America inspires young individuals to prioritize their physical and mental health. I appreciate that myself and other students can also use the club as an excuse to not accept drugs or other illegal substances.

Overall, being a member of Drug Free Club of America benefits many areas within schools, in my opinion mainly including attending school sporting events, preventing/lessening the use of drugs, and teaching students about the effects drugs can have on your life. DFCA helps prepare students for the future positively and encouragingly. I am a proud member of the Drug Free Club of America and I am beyond grateful for how the club could keep me and many others away from drugs.