Paige L
Conner High School
12th Grade- Senior

## How Drug Free Club of America Has Affected My Life

Being a part of the Drug Free Club of America (DFCA) has had a positive impact on my life in several ways. It has reinforced my commitment to maintaining a healthy and drug free lifestyle. This decision is not just about avoiding drugs but also about making positive choices that contribute to my overall well being and also for those around me. By staying drug free, I have been able to focus better on my academics, sports, and other extracurricular activities, which has led to improved performance and a greater sense of personal achievement.

The DFCA has propounded me with a strong support of friendships of like minded individuals who share the same values as I do. For instance, Inara Quintana and Ella Conte. These girls have not only helped me out in certain situations but they are also the reason that I have joined this amazing community. This community has been instrumental in helping me resist peer pressure and stay true to my commitment of being a part of this community. Being surrounded by peers who are also dedicated to staying drug free has created a positive environment where we encourage and motivate each other to do the right things. These friendships have made it easier to stay on track and have fostered a sense of belonging and mutual respect.

The DFCA has allowed me to take on leadership roles and contribute to the school's success. For instance, I represented DFCA during my homecoming parade and football game. Not only am I a part of the DFCA but I am also extremely involved with my school as a cheerleader. I am the face of the school, spreading positive awareness about DFCA. Being a part of the DFCA has allowed me to gain confidence on what I am doing on an everyday basis. By participating in club activities, organizing events, and spreading awareness about the dangers of drug use, I have been able to make a positive impact on my school community. This involvement has not only helped others but has also given me the sense of pride and accomplishment. It has shown me that I can make a difference and has inspired me to continue advocating for a drug free lifestyle.

The events organized by the DFCA have been both educational and enjoyable. From seminars to social gatherings and community service projects, these activities have helped my understanding of the importance of staying drug free. They have also provided me opportunities to build lasting friendships and develop valuable skills such as teamwork, leadership, and public speaking. These experiences have been a great factor in shaping my character and preparing me for future challenges.

Being a member of the DFCA has shaped my future aspirations. It has represented the importance of making healthy choices and being a role model for those around me. The skills and experiences I have gained from the club, such as leadership, teamwork, and public speaking, will undoubtedly benefit me in my future endeavors. The Drug Free Club of America has not only kept me on the right path but has also equipped me with tools and confidence to pursue my goals and make a positive impact in the world.